



# 2023 Summer Hoops Camps

for

## 1st - 8th Grade Boys & Girls

~~BIDDY BALL CAMP #1~~  
~~Grades 1 - 4: June 12 - 16~~

~~YOUTH CAMP #1~~  
~~Grades 5 - 8: June 12 - 16~~

**BIDDY BALL CAMP #2**  
Grades 1 - 4: June 19 - 23

**YOUTH CAMP #2**  
Grades 5 - 8: June 19 - 23

### CAMP STAFF:

**Camp Director:**  
Bob Spahn DNHS Boys Former Head Coach

**Head Coach:**  
DNHS Coaching Staff

**Team Leaders:**  
DNHS Basketball Current and Former Players

### CONTACT INFO:

Website: [www.delnortehoops.com](http://www.delnortehoops.com)

Email: [camp@delnortehoops.com](mailto:camp@delnortehoops.com)  
[delnortehoops@gmail.com](mailto:delnortehoops@gmail.com)

#### Payments:

All payments must be made with cash or a check payable to Del Norte Nighthawk Basketball

**No Venmo, No Paypal, No Credit Card**

Mail to address here:  
**DN Hoops Camp**  
**12582 Calle Tamega #104**  
**San Diego, CA 92128**

*Camps to be held at*  
**Del Norte High School (Gym)**  
16601 Nighthawk Ln,  
San Diego, CA 92127

### CAMP SCHEDULE

*Subject to change daily*

- 9:00 Attendance and Warm-up
- 9:15 Team Review
- 9:30 Stations (skills & fundamentals)
- 10:30 Coaches Corner
- 11:30 Defense/Offense Drills\*
- 12:00 Youth Camp Lunch / Biddy Ball Dismissal
- 12:45 Individual Position Drills
- 1:30 Team Competitions
- 2:30 Team Building
- 3:00 Youth Camp Dismissal

\*Biddy Ball Medal Presentation on Friday @ 11:45 AM

\*Youth Camp Awards Presentation on Friday @ 2:45 PM.



### THINGS TO BRING

- Camp T-shirt to be worn daily
- Basketball appropriate shoes
- Basketball appropriate shorts
- Gym Bag to secure belongings
- Lunch if applicable
- Snack Money if desired
- Water Bottle w/water only

## CAMP INFORMATION:

Del Norte Hoops Camp is one of the largest attended camps in North County and has a ratio of no more than ten players to one coach. The Bidy Ball Camps are designed to introduce our youngest athletes to the basics of basketball along with showing them how to have fun while working on their game. Del Norte Hoops "Youth Camp" is designed for players in grades 5 - 8 who are looking to improve their basketball skills and overall knowledge of the game. The week will be filled with different activities that are designed to teach the campers how to play basketball the correct way. The Bidy Ball Camps are 3 hours each day so no lunch is necessary. The Youth Camp is 6 hours each day and campers are responsible for bringing their own lunch. The snack bar will be open during the week and campers will be able to purchase snacks & drinks.

## TUITION:

**Bidy Ball Camp: grades 1 - 4**  
\$195 per camper

**Youth Camp: grades 5 - 8**  
\$295 per camper

**Payment in FULL must be received to secure a spot. No deposits or partial payment**

### Mail Registration/Payment to:

**DN Hoops Camp  
12582 Calle Tamega #104  
San Diego, CA 92128**

## PARENTAL/GUARDIAN PERMISSION

I hereby authorize the staff of Del Norte Hoops Camp to act for me according to their best judgment in any emergency requiring medical attention and I hereby waiver and release Del Norte Hoops Camp, its coaches, director, and staff from any and all liability for any injuries or illness incurred while at camp. Any expense arising from injury or illness is the responsibility of the person signing below.

The undersigned parent or guardian understands that the applicant will be engaging in physical activity during the program which contains an inherent risk of physical injury, and the undersigned assumes this risk and releases Del Norte Hoops Camp, Poway Unified School District, and Del Norte High School from any and all liability for personal injury arising out of the applicant's participation in the camp program.

\_\_\_\_\_  
Parent/Guardian Printed Name

\_\_\_\_\_  
Parent/Guardian Signature                      Date

**I will be enrolling the following camper:**  
*please check appropriate box*

in the Bidy Ball Camp #2 (grades 1 - 4)  
*June 19 - 23 (9am - 12pm)*

in the Youth Camp #2 (grades 5 - 8)  
*June 19 - 23 (9am - 3pm)*

## PLAYER PROFILE (Print and mail this form)

Camper Name \_\_\_\_\_

Age \_\_\_\_\_ Sex \_\_\_\_\_ Grade (going into) \_\_\_\_\_

Parent/Guardian(s) \_\_\_\_\_  
\_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone #1 \_\_\_\_\_  
Parent/Guardian

Phone #2 \_\_\_\_\_  
Parent/Guardian

Email \_\_\_\_\_  
Please print in All Caps

Alt Email \_\_\_\_\_  
Please print in All Caps

Medical Conditions we should know:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### **Circle T-shirt Size**

YS    YM    YL    YXL                      S    M    L    XL  
(Youth Sizes)                                      (Adult Sizes)